

to learn it, but I have been intrigued by the possibility to see in darkness. So, during one night, when the light was usually used, this time instead of searching of the button, I took the opportunity to try it out.

The first trial wasn't bad, with breathing techniques and the knowledge that all senses had to be involved, and ultimately I reached my achievement. Somehow, I felt more open. When you use your memory, that might be illusion. That's why it's likely that you won't achieve freedom in the darkness. If you remember what you have seen, then you are instinctively expecting the same in darkness. It gives a fake feeling that what is seen is what should be perceived.

I remember years ago, somewhere in the time of my beginning, I went to a public lecture. After it ended, I had the opportunity to ask the teacher anything. I had a question: "When light is ending, where is darkness?" The answer was insight for me: "In light is not darkness! When light exists, darkness is our imagination. We think darkness exists, but it does not." In other words, you are always the light, and that's indestructible truth.

Another teacher told me, "When your eyes are open, it's pure joy and activity. When your eyes are closed, that's absolutely deep calmness." When we see, that's lightness manifested in light. Having closed eyes means that we see the light inside of ourselves.

In this timeline, or river, there are no dams, which would be separating one part of the river from the other.

As I said, the future doesn't exist from different angles of view. When we think about what our future holds, then we are creating a future inside of us.

Sometimes it's like we are artists. We paint an image of reality, everything starts in your mind, but nothing is how we see it. Everything is naturally perfect, but there is a difference between what we see and what was actually seen. In our mind, we are able to create a pseudo reality. The same thing is seen from unlimited angles of views, because we have creativity that is not limited when we see the wholeness, our illusion is in a wider perspective until a time comes when we see it as an illusion.

Let's make it more complicated and imagine that there is a difference between what we see and what was seen. The act of seeing actually leads to unity, because perspective of the reality has less of a need to be part of it. Since the time we were born, everything led us to reaching, and we instinctively have to invest effort into things. Therefore, the mind has a need. But what if, without effort, it was possible to go beyond the strength. This need is based on identification; we simply go with the energy. Perhaps that's why there were wars in history.

I speak very often about the mind, and recently I had a discussion about what the mind is. Somebody argued that mind is the rational mind, what we think. I say that mind is space,

information contains, how is the information appearing in space? Another research study was shock for scientists, because they were witness to the creation of an atom in a vacuum from nothing. This created many questions.

I was recently at a concert of classical music, and an idea about the meaning of vibration came to my mind. I thought, “Why are we constantly producing sound, whether it is consciously or not?’ Music is the passion for sharing something untold; information hidden in sound constantly changes its own level of modulation. The sound is vibration; someone’s own feelings, which are imprinted in the sound. What if our body is its own music creation? I think that now we would have to be able to measure any frequency of the object in calmness, and I guess you would get various numbers; the more sensitive these measures are, the higher the numbers you would have.

Perhaps it seems like what I’m saying is just a theory, and there is no proof or little research. First, your intuition is best and, because it is unique, perfect. It is sometimes hard to recognize the language of your heart and be sensiive enough to see the truth. Now, I hope, it’s different. Do you feel somehing like the possibility of this being the truth? Maybe deep inside you there is a feeling of release, what we express with the word: “Aha.” Let’s assume that you have this feeling. You can experience something similar with the reading of certain books or when you meet someone, and you were inspired in one unexpected

In the next dream, I was focusing on more details like seconds, or how to change the reality by doing something that was not a part of the dream, and I accomplished that. But the conditions didn't allow me to change reality until the same thought appeared in my dream as well. I then felt that reality was different because of small changes I made; almost as if I was a creator of reality. The freedom of that seemed endless, and I played with my next dreams until they disappeared, and didn't come anymore. Maybe I received a lesson; a message that was meant for me, but how I had no idea. I am sure that a similar experience has happened to many people. How about you?

This may be difficult to believe, but the main dream that affected my life was one in which I saw my own death. I was around 7 years old. In the dream, I was on the bed. I felt that if I closed my eyes in this body I would die. There were people around, and I felt some of them were members of my family. I didn't have enough power to say or do anything, but I had a thought that crying wouldn't help me on my way, either. So I closed my eyes in the dream and opened them in reality, afflicted by fear. I went to read comics, which made me calmer, but I felt that I had no power to do anything with what happened in my dream. I am not afraid to say that this dream will be fulfilled. I know this dream will become my reality someday, but it is amazing because I got the chance to make a change; to get freedom. As a child, I had no idea what to do. I had the information from the dream in every cell of my body for

for transferring information from one place to another. Light is information, and we are light; every atom in our body vibrates because of light and, furthermore, the composition is empty space. Quantum physicists have a theory that states if you could take out all empty space from the whole universe, all that would remain is a small cube in your hand.

Chapter three: Way of learning

Time between my last writing and now is not only a couple of days, but rather one, maybe two years. I am learning similarly now as I was many years ago, and I like it this way.

Two years ago, I was afraid to admit what teaching I had after my beginning in meditation. I didn't know which direction I should take. Because I had to have the job, I chose what I already knew something about: technology. When my Dad had his first computer in my teenage years, I was excited to play games, which was how I learned to work with computers. Interestingly, I often only have to see a little bit of new information, and it is so easy for me to learn new things. One of my friends told me it is amazing how I'm able to absorb new information without having to hear anything about it. My strong skill showed itself to be observation.

I had two life streams, one in which I was growing spiritually, and the other in which I was developing logical thinking. When I chose my job as an IT person, it was partly because I didn't see

a very long time. Maybe this is why following changed my life. This was my beginning. I was starting to search for myself through spiritual ways. Today, I am grateful for that. I know that death is nothing tragic; from time to time we need to exchange our shirt, why not? Space between dead and life is known, and the life that we live is preparing for our journey through this space, this *designates* our next born and state of the mind. You can be prepared to disappear into light after death, so there is no suffering.

Chapter Two: A journey has begun

It's interesting how things happen. For example, before I started to write this book, I had some very intriguing meetings with people who told me how my life would go. Among things I would do in life, writing this book was one of them, and whenever I'm working on it strange things happen around me, like signs – I see many beautiful things and people around, and it's like there are protectors, helping me to ensure the book will be completed. Some of them even ask me questions on the street, which isn't always unusual, but depends on what happens afterward. They try to remind me that I am not alone, that many beings help me with my work. I feel it as a blessing in my life, one that makes me so happy. It's as if they're opening more channels that'll help me to accomplish every part of it to completion.